Continuing Our Momentum

Nurse-Family Partnership® Indiana
Implemented by Goodwill Industries of Central Indiana, Inc.

2015 annual report
Preparing for the Future

Nurse-Family Partnership Indiana continues to gain momentum, and we have no plans to slow down.

The success of our first three years laid the foundation for growth in 2015 and in to 2016. We expanded our services to Lake County, increased our client retention at all stages — pregnancy, infancy and toddlerhood — and transitioned to smarter technology to better capture and report important data to continue improving our practices.

We celebrated 148 graduates in 2015. Our NFP and Goodwill dual approach to serving families resulted in 51 job placements for 42 participants in 2015, up from 33 clients in 2014. In addition, many continue to enroll and graduate from our certification programs for clinical medical assistant, patient access, pharmacy technician and nursing assistant. Moreover, we currently have 79 NFP participants or family members enrolled at The Excel Center®, Goodwill's adult high school.

Our growth led us to realize the need to restructure and expand our team. In 2015, we created several new positions and promoted several colleagues: Lynn Baldwin, MSN, RN, WHNP-BC, is now Director of Operations for Central Region; Ashley Jones, MSN-RN, CTTS, CLC, to Nurse Supervisor; Maria Reisenauer, MBA, RN, to Nurse Supervisor; and Jessica Gonzalez Contreras, MPH, BSN, RN, CLC, to Indiana Clinical Nurse Educator. In addition, we brought on several new nurses to assist our growing clientele, including Paulette Maxie, MHA, BSN, RN, Nurse Supervisor and Director of Operations for Lake County Region and several others.

Our team continued to excel in meeting and exceeding continuous quality improvement (CQI) goals. By focusing on low birth weight, breastfeeding and client retention, our nurses were even more effective in assisting our families and making improvements in each area. Our accomplishments were recognized during presentations at the Indiana State Department of Health (ISDH) Infant Mortality Summit and to the Strengthening Families Institute.

Our work isn't finished, however; and we are engaging partners and supporters in new ways to learn from our progress. We are currently involved in multiple avenues of research, including a Community Health Engagement Program research project with the IUPUI School of Sociology to study the effects of our work within priority areas of Marion County. We continue to work with NFP's National Service Office to participate in national studies and collaborate on healthcare integration. NFP Indiana was also invited to serve on a pilot project with NFP founder David Olds, MD, using phones and technology to connect nurses with clients.

As you’ll see in this report, NFP continues to grow throughout Indiana. We look forward to sharing more success with you, our partners and supporters. Thank you for your continued interest in and encouragement of our efforts for Hoosier families.

Lisa Crane, MSN, RN
Senior Director
NFP graduate Michelle White was recognized in May 2015 as the first recipient of the Nurse-Family Partnership Graduate of the Year award.

Michelle was among the first NFP participants to successfully complete the program in 2014. The award recognizes an NFP graduate who has shown outstanding participation and commitment to raising a healthy child and is one of Goodwill Industries of Central Indiana’s annual awards to honor employees, students and those we serve for outstanding progress and self-sufficiency.

“When I first got pregnant, I was living with my mom,” Michelle said. “Now, I have a good, stable job with benefits and the opportunity to own my own home. My nurse, Cora, taught me to believe in myself — to remember how strong I am. From being in Nurse-Family Partnership, I feel like anything can be thrown at me, and I can handle it as a parent and as an adult.”

During home visits with her nurse, Cora Daniel, Michelle set and later achieved goals including a healthy pregnancy, exclusively breastfeeding and finding stable employment, transportation and high-quality child care. Through it all, she worked and continued her education. Today, Michelle's son, Bradyn, is healthy and continues to hit developmental milestones.

“As a single, teen mom, Michelle had to work through different barriers, but she is a very motivated, optimistic young woman,” Cora said. “She had a lot of goals when she started the program, and she achieved all of them, all while raising her son Bradyn and keeping him healthy and developing and growing well.”
After nearly two years of working at Ann & Robert H. Lurie Children’s Hospital of Chicago, Liz Brockland, RN, BSN, felt a need to increase her influence with patients. She thought she could have greater impact working one-on-one with people in a proactive way to prevent major health issues.

When a friend shared a *New York Times* article about Nurse-Family Partnership, Liz knew it was the right program for her to help change lives. She connected with NFP’s National Service Office and learned that NFP Indiana was expanding to Lake County — just outside of Chicago where Liz lives.

Her journey into public health began many years before, when Liz spent time abroad volunteering with children in South Africa and the Dominican Republic. While there she spent her days developing relationships with families and teaching children to read and write and felt her calling to the nursing profession. She had graduated the summer before with a bachelor’s in English, so when she returned to the U.S., she began to pursue a bachelor of science in nursing. Her previous work paved the way for her work with NFP now.

“There are many doctors and people in the community who do not understand what NFP is and its value,” Liz said. “I spend a lot of time building relationships and educating people on how our support benefits our clients.”

Liz approaches clients where they are in life, knowing each has unique challenges and goals. One mom has a serious physical impairment. Liz works with her and her boyfriend to prepare them for assessing cues from their infant and using best parenting practices, making suggestions to encourage the mother’s independence.

“Working with a person with this type of impairment was a new experience for me,” Liz said. “I was a little overwhelmed at first, but they are highly independent and motivated parents. Our work together is calming for them, and it’s preparing them to care for their baby.”

Another client is a young, single mother in her second trimester of pregnancy. Liz assists her in making healthy decisions that will ensure the health of her child. Often, Liz finds herself affirming what her client is thinking.

“Sometimes moms need to have assurance that they are making good choices for their child,” Liz said. “Many of them are doing a lot right but just need more guidance or resources to help them along the way.”

When not meeting with clients, Liz and the team work to expand their services, referral partners and client base. Liz was the first NFP nurse-home visitor in Lake County, and the team has grown to four nurses.

“I’m excited to continue building our team,” Liz said. “We all have diverse backgrounds and strong passions for this work. We’re off to a great start.”
When Taketria Reed first heard about Nurse-Family Partnership, she didn’t know what it was. What she did know was that she didn’t know anything about having a baby or being a mom. When she received the details about NFP, she decided to sign up. She and her NFP Nurse-Home Visitor Heidi Birkey clicked right away.

“My nurse Heidi was amazing,” Taketria said. “We talked about everything. I know she has many moms she sees, but she always remembered details about me, my daughter and our last visit. She was conscious of my time, too, which I really liked.”

Although Taketria didn’t know much about breastfeeding, she thought she might try it but was worried her milk wouldn’t come in. Heidi helped explain the process and benefits of breastfeeding; and Taketria breastfed her daughter Marlee for a year. Taketria also found that information from her doctor was reinforced by Heidi and vice versa.

“Because she is a nurse, I felt confident in the information she gave me,” Taketria said. “If she didn’t know something off the top of her head, she’d find out and get back to me.”

Heidi also supported Taketria through looking for a job, coping with the end of her relationship with her baby’s father and deciding to return to college to complete a business management degree.

“My nurse gave me well-rounded help,” Taketria said. “Whatever Marlee and I needed or were facing, Heidi would listen, talk to me about it and help me find whatever resources I needed.”

Goodwill NFP Largest Participant Site in MIHOPE - Strong Start Study

In 2015, Nurse-Family Partnership Indiana elected to participate in the Mother and Infant Home Visitation Program Evaluation - Strong Start (MIHOPE-Strong Start). The study, started in 2012, is a project of the U.S. Department of Health and Human Services to review the outcomes of home visiting programs and evaluate their effectiveness in improving infant and maternal health and birth outcomes. It is the largest study to date of its kind.

Thousands of families across 17 states involved in NFP or Healthy Families America participated in the study. NFP Indiana was among the largest sites participating in MIHOPE - Strong Start. Thanks to the recruitment efforts of our team, over 220 clients enrolled in the study.

MIHOPE-Strong Start focuses strictly on outcomes from prenatal and care services provided through NFP and Healthy Families America and their impact on birth outcomes. Specifically, this study looks at how the programs may improve birth outcomes for women receiving Medicaid or CHIP and reduce medical costs within the first year of a child’s life.

This longitudinal study will have results released throughout 2016, with a final impact study released in 2017. The Health Resources and Services Administration has agreed to release Indiana specific data to our site.
Regional Updates

NORTHEAST REGION

NFP Indiana launched its Northeast Region in 2015. A team of four — nurse supervisor, administrative assistant and two nurse-home visitors — have been hired. The Northeast Region office also established an office, co-locating with The Excel Center, Goodwill’s adult high school, in Anderson. The team began recruiting clients in Madison and Delaware counties and continues to build its client and referral base.

Nurse Supervisor Maria Reisenauer, MBA, RN, who previously practiced as a nurse-home visitor in Marion County, has adapted her practice to suit the more rural setting of these two counties. One nurse covers each county — 395 square miles in Madison County and 452 in Delaware. By comparison, 24 nurses cover Marion County, which is 396 square miles.

“Compared to Marion County, these two counties are resource poor,” Reisenauer said. “We run into leads with dead ends and out-of-date information, which is challenging but demonstrates this area’s need for NFP and other supportive services. Thankfully, our Marion County team supported us and our administrative assistant Heather Cardenas researches resources also.”

Employment for clients in this area can also be challenging — additional barriers, such as a criminal background or lack of transportation, mean little to no employment options. Yet the Northeast team forges ahead, supporting clients and establishing relationships with invaluable community partners, such as Muncie By5, Open Door Health Services, WIC and others.

LAKE COUNTY REGION

The Lake County team formed in late 2015 with Nurse Supervisor and Director of Operations Paulette Maxie, MHA, BSN, RN. Soon Nurse Liz Brockland, BSN, RN, joined the team, which now includes four nurse-home visitors, a community outreach guide and an administrative assistant.

Partners at St. Catherine Hospital in East Chicago, Indiana, championed connecting NFP leadership to other hospital systems and community partners to establish their network of support, resources and referral sources. The team is now accepting referrals by phone at 219-444-2000 or email at nfplake@goodwillindy.org.

NFP GRADUATE GUIDES IN DEMAND

As NFP expanded across Indiana in 2015, so did the demand for NFP Guides. Two additional NFP Guides — Liv Norby-Sedam and Andrea Voisard — were added to the NFP guide team in January and June, respectively. The team now consists of three guides. NFP Guides continue to focus on their building and sharing resources for nurses, clients and families.

Our graduate program grew in 2015, now serving 43 clients. The program focuses on providing educational opportunities and employment services to clients. Last year, 10 clients achieved certifications in areas including patient access and clinical medical assisting. We also assisted 79 clients in securing employment. The average wage of employed clients is $9.91 per hour with some wages as high as $14.50 per hour.
In the face of multiple challenges, Heather Cardenas struggled yet ultimately persevered and excelled. She ran away from home at 17 years old without earning her high school diploma. She endured and eventually escaped an abusive relationship, became a teen mother and faced barriers to earning a livable income and finding stable housing. Today, she works as the administrative assistant for Nurse-Family Partnership Northeast Region.

“I used my background as a reason, not an excuse,” Heather said. “I refused to let myself become a victim, even though I had every reason to. I share my story so others can see that they can use their backgrounds or challenges to propel themselves.”

After making it through those difficulties, in early 2013, Heather was a married, stay-at-home mom of three. She started seeing flyers about a new school for adults coming to Anderson. She was curious, and her husband encouraged her to check it out. The barrier for Heather at that time was child care — she didn’t want to leave her children in someone else’s care.

“When I found out The Excel Center has a free drop-in center, I was sold,” Heather says. “What kept me going through it all was knowing the academic terms were only 32 days and the support of the staff and life coaches.”

In five months, Heather had completed the needed credit hours to graduate, doing so with technical honors, a certification in early childhood education and as valedictorian. She hadn’t necessarily planned on continuing her education, but the valedictorian scholarship prompted her to give it a try. She started at Ivy Tech Community College a few weeks later and will soon earn an associate degree in human services.

Last August, she needed an internship and secured one as a life coach at The Excel Center Anderson.

“Having been an Excel student, I can relate to what students are facing,” Heather said. “What I didn’t expect was how much I’d care and get attached to those I’m helping. My internship was valuable because it showed me that the best way I can contribute is to help those who are directly helping others.”

While completing her internship, Heather met the newly formed NFP Northeast Region Team, which is co-located at The Excel Center Anderson. Heather went on a home visit with one of the nurses and the experience solidified her desire to work with NFP.

“I was that mom needing assistance and support and not sure where to go or who to trust,” Heather said. “I wish I’d had NFP then. Now I get to help people who are in the same situation I was in.”

Long-term, Heather wants to earn a bachelor’s degree and continue helping others and teaching her children that there are no limits to what they can do, regardless of some of life’s circumstances.

“The storm passes,” Heather said. “I try to remember that, and it’s what I want Excel students, NFP moms and others facing problems to remember. There are days when you want to give up and quit. But it gets better. When it’s over you get the rainbow and sun and people who are proud of you. You get your kids smiling and looking up to you.”

Heather’s Journey
The core of NFP Indiana’s effectiveness is relationships with community partners, care providers, hospital systems and more. Our partners range from health care organizations and providers to those entities that can assist our NFP moms with education, jobs, housing, travel and more. Examples of our growing network of partners and collaborations include:

- Attending OB Registration Day at St. Vincent Health
- Case management, care coordination and co-branding with Eskenazi and Community Health Network
- Partnership with Women Infant Child (WIC) of Marion County that allows NFP to reach out to every WIC-eligible mother
- Support from the Franciscan Alliance, which generously contributed to translation services
- Growth of our relationship with St. Catherine Hospital in Lake County, which has been a champion in supporting our launch and community engagement.

PARTNER HIGHLIGHT

Amy M. Wire, MSN-MBA, RNC-OB
Director, Maternity Services
Community Hospital East

NFP Indiana and Amy Wire collaborated to identify ways to increase referrals from Community Hospital East.

“Developing partnerships is crucial to serving the diverse needs of our community,” Amy said. “NFP has demonstrated an evidence-based practice that results in better outcomes for women and children.”

Collaborative efforts to increase NFP referrals include the following:

- Reinforce education and outcomes with residents and providers at East Region OBGYN and family medicine practices
- Review the eligibility with all patients at intake
- Scan all referral forms weekly to Women’s Center manager for monthly follow-up
- Build awareness via co-branded brochure displayed in East Region offices
- Send referrals to NFP weekly
- Assess data reports, discuss barriers and celebrate wins monthly

With an increase in effort, communication and referrals, Wire and NFP are focusing to improve the conversion rate. In 2015, 47% of eligible Community Hospital East clients were referred to NFP; 32% of those enrolled. They are connecting with care coordinators for suggestions about gaining buy-in for the program to increase enrollment rates.

“It is apparent that the social determinants of health play a key role in outcomes,” Amy said. “NFP is one layer that supports the well-being of the mother and child. Some women have no stable support and having a consistent mentor to follow them and their child up to 2 years of age is critical. I have been impressed with demonstrated outcomes.”
Low Birthweight Review

Low birthweight is a precursor to infant mortality. When serving low-income mothers, like those who qualify for NFP, risk factors for both low birthweight and infant mortality increase. They can include issues associated with crime, living in violent areas, housing, chronic health problems, access to health care, smoking, substance abuse and stress. Risk of a poor birth outcome is increased for these women.

As part of NFP Indiana’s continuous quality improvement (CQI) for birth outcomes, Director of Operations for Central Region Lynn Baldwin called the first meeting of the NFP Indiana Low Birthweight Review Team in spring 2015. Comprised of a variety of health care providers, including a neonatologist, pediatrician, certified nurse midwife, public health professional and NFP staff, the group meets quarterly to objectively assess selected low-birthweight cases. The group then identifies areas of improvement to ensure a healthier mother and baby.

“The goal of reviewing individual cases is to enhance the health and well-being of women, infants and families in our community,” Lynn said. “This allows us to see trends and start to effect change by improving the service systems and community resources available to the families we serve.”

When the team meets, nurses present on selected cases, providing a unique viewpoint because of the relationship nurses and clients develop.

“In our case reviews, our nurses have the inside scoop on a mom with a low-birth weight infant,” Lynn said. “The nurse has seen this mom’s home, knows about her stressors and behaviors. When reviewing a case on paper, we don’t always get the full story.”

With a client base already facing a variety of risk factors for infant mortality, NFP actively works to assess, address and reduce areas of vulnerability, like low birth weight.

Denise’s Full Circle

Denise sought prenatal care at Eskenazi Health, where she was identified as a candidate for and then referred to Goodwill’s Nurse-Family Partnership. As a first-time mother, she jumped at the opportunity to have a registered nurse help her prepare for the arrival of her son. After her son Devin was born prematurely, Denise chose to stay at home and care for him instead of working. But when he was one year old, Denise’s husband, Daniel, lost his job, and she decided it was time to enter the workforce again.

Because she was already involved with Goodwill’s services, Denise knew she had a resource in TalentSource, Goodwill’s experts in preparing and placing qualified candidates in jobs, to help her and Daniel improve their resumes and interviewing skills. TalentSource suggested Denise apply for a position with a specific employment partner, Eskenazi. Denise was hired as an administrative assistant in their communications department, where she works today. Now employed and raising a happy, healthy son, the couple credits the Eskenazi–Goodwill partnership for much of their success. To give back, Denise joined Goodwill’s Nurse-Family Partnership Community Advisory Board and now works alongside Goodwill and Eskenazi leaders.
By the Numbers

148 GRADUATES IN 2015
192 CUMULATIVE GRADUATES*

255 BABIES BORN IN 2015
971 CUMULATIVE BABIES BORN*

898 CLIENTS SERVED
1,426 CLIENTS EVER SERVED*

1,149 REFERRALS RECEIVED

*From inception through December 31, 2015

REFERRAL SOURCE
- Health care provider or clinic 85%
- School 2.3%
- Self 10.9%
- Other 1.8%

INTAKE DEMOGRAPHICS

MEDIAN AGE: 20
HIGH SCHOOL DIPLOMA OR EQUIVALENT: 55.7%
MARRIED: 12.7%
ETHNICITY: 20% HISPANIC

RACE
- African American 50.7%
- White 21.8%
- Multiracial 6.5%
- Asian 3%
- American Indian 2%
- Did not self-identify 16%

PRIMARY LANGUAGE
- English 80.9%
- Spanish 14.2%
- Other (Burmese, Chinese, Swahili) 4.9%
2015 Outcomes

On average, NFP moms began prenatal care at 9 weeks.
*The American College of Obstetrics and Gynecology benchmark is 12 weeks.*

Of those who self-reported smoking, 58% quit prior to giving birth.
*NFP objective is 20% reduction.*

91% of babies born at a healthy weight.
*Healthy People 2020 goal is 92%.*

89% of moms initiated breastfeeding; 33% of babies still breastfeeding at 6 months; 19% at 12 months.
*Healthy People 2020 goal for initiating breastfeeding is 82%.*

90% of babies born at full term.
*Healthy People 2020 goal is 89%.*

96% of babies had up-to-date immunizations at 6 months; 95% at them at 24 months.

SELF-SUFFICIENCY OF GRADUATES

22% of moms, age 18 and older, increased their employment.

33% of moms without a high school diploma earned it while in NFP.

28% of graduates increased educational level during the program.

A third of this group also obtained post-secondary education or certification.

AT ONE YEAR POST-ENROLLMENT:

24% of households had an increase in income and benefits

53% of clients with 12 or fewer years of education had an increase in educational attainment
Olivia Bell didn't know when she left her position at Goodwill retail stores in 2011 that just a year later the connections she made there would change her life forever. At 21 years old, Olivia was working her way through college in a position at Walgreens when she saw a familiar face walk in the door. It was former Goodwill Guide Kim Boyd, with whom Olivia had developed a friendship while working for the organization.

Recently, Olivia learned she was pregnant with her first child. She was nervous about motherhood and felt she lacked the knowledge to be a good mom. Seeing Kim sparked a memory of a new program for first-time mothers that she had mentioned before. It was Nurse-Family Partnership, and Kim helped refer Olivia to the program.

Olivia was paired with Nurse Cindy Hunt and immediately showed her dedication to improving her understanding of having a healthy pregnancy and watching for developmental milestones for her child. She never missed a meeting with Cindy, and asked questions about nutrition and child development. Olivia was determined to give her child the best start in life possible, even if she was parenting alone.

After she gave birth to her son, Landon, Olivia continued to rely on her NFP resources and Cindy to make sure he was on track for all of his developmental milestones. She would follow up with her nurse, asking questions when she felt Landon wasn't where he needed to be. Cindy assured her that he was doing well, but Cindy began to notice changes in Olivia.

Because they were meeting so often, it was clear to Cindy that Olivia developed signs of postpartum depression. Olivia grew insecure about her ability to care for her son and nervous around him. Cindy talked to Olivia about her concerns and helped secure the care Olivia needed to overcome her depression.

Today, Olivia is thriving and credits NFP and Cindy for helping her get on track. Landon turned two years old last November, and he and his mom graduated from NFP on Landon's second birthday. That's not where their NFP story ends.

Olivia referred her cousin to NFP and constantly checked in to make sure things were going well.

When a friend posted a note on Facebook about wanting to help support young mothers, Olivia connected with her and decided to start a mentoring program for young women who are pregnant or already have their children. The group, called Lassie Empowerment, includes 10 young mothers focused on supporting each other emotionally and socially.

“Being a young mom is so difficult,” Olivia said. “Even if you have a family to help you, there is so much more young moms need to cope with all they have to accomplish. It’s hard to find the motivation to continue.”

Olivia found her motivation in Landon, and continues to work hard to ensure he grows up healthy. He is learning to count, name colors and recite the alphabet. She is back in school to obtain her bachelor's in health management.

“So many young women think if you have a child you have to give up everything,” she said. “I want to show them that you can have a happy, healthy child and chase your dreams.”
Darneé Thompson and her boyfriend Torrance Colbert, Jr., have been together for two and a half years. Until recently, they had lived with their respective parents. Now they are happy to be living together with their son Torrance Colbert III, who was born in August 2015. A year before, the outcome was not joyous.

Darneé met Michelle, her NFP nurse, in 2014 when she found out she was pregnant. Sadly, Darneé lost that baby at 21 weeks. Michelle visited with Darneé to talk about grieving, tips on coping with grief and shared resources that Darneé used to get counseling.

A year later when Darneé became pregnant again, she reached out to Michelle and started the NFP program anew. This pregnancy was considered high risk — she had gestational diabetes and also needed to have a procedure to help her carry this baby to full term.

Michelle helped Darneé understand her medical situation, and Darneé’s mom and boyfriend also have participated in Michelle’s visits.

“My mom says lots of stuff has changed since she had babies,” Darneé said. “She likes to listen to our visits and talk to Michelle about the latest updates.”

When Darneé decided that she wanted to breastfeed, she and Michelle discussed Darneé’s questions and watched videos to prepare her.

“My nurse Michelle always answers my questions,” Darneé said. “I knew I wanted to breastfeed my son, but I also knew he would have to take a bottle (of breastmilk) when I returned to work. Michelle and I talked about what I can do to be successful with both.”

Michelle also helped Darneé to meet her employment goals, which included using her previously acquired CNA. Michelle connected Darneé with Goodwill’s job readiness and placement program, TalentSource. With TalentSource’s support Darneé went from making $13 an hour in a temp-to-hire customer service position to $16 an hour home health aide with St. Vincent Health.

After their loss and other challenges to come together as a family, Darneé and Torrance Jr. are recently engaged to be married, enjoying their new home with their healthy baby boy, Torrance III. Darneé started at Ivy Tech in January 2016, and Torrance Jr. has started a new higher-wage job.

Goodwill supported this family as they worked to be a family and improve their lives.
2015 CERTIFIED LACTATION CONSULTANTS
Vanessa Lightle, BSN, RN, CLC
Pauline Hibbert, BSN, RN, CLC

2015 CERTIFIED LACTATION SPECIALISTS
Hillary Locker, BSN, RN, CLS
Ashley Wilson, BSN, RN, CLS
Courtnie Leeper, BSN, RN, CLS
Gloria Rivera, BSN, RN, CLS

2015 CERTIFIED TOBACCO TREATMENT SPECIALIST (CTTS)
Ashley Jones, also member of the association for the Treatment of Tobacco Use and Dependence.
Vanessa Lightle, BSN, RN, CLC
Katherine Harkov, BSN, RN, CLC

ACCOMPLISHMENTS
Lisa Sledge, BSN, RN, became a clinical instructor for IUPUI.
Ann Erdely, BSN, RN, joined the Fetal, Infant Mortality Review program for Marion County.
Delores Brown, BSN, RN, became a Certified Lean Six Sigma Green Belt (ICGB).
Amanda Grube, Central Region Office Manager, became a Certified Lean Six Sigma Green Belt (ICGB).

MORTARBOARDS
Ashley Jones, BSN, RN, CLC, started doctoral study at the IU School of Nursing, receiving the distinguished Robert Wood Johnson Foundation Future of Nursing Scholar fellowship.
Katherine Harkov, BSN, RN, began pursuing a master’s degree at University of Indianapolis.
Lisa Sledge, BSN, RN, CLC, began pursuing a master’s degree at University of Indianapolis.
Vanessa Lightle, BSN, RN, CLC, earned a Mental Health First Aid Certificate.
Sherry Mukasa Matemachani, CHES, manager of community outreach, earned a graduate certificate in strategic communication from Purdue University.
Community Advisory Board

Stephanie Berry, Chair
Manager, Systems Coordination
Community Outreach and Engagement
IU Health

Betsy Delgado
Vice President, Mission Advancement
Goodwill Industries of Central Indiana, Inc.

Lisa Crane, MSN, RN
Senior Director, NFP Indiana Operations
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Dr. Jayme Allen
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Dawn Blank
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Terri Bruksch
Partner
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Denise Chittum
NFP Graduate and Client Representative

Robin Eggers
Community Volunteer/Leader

Andrea Ekiyor, MSW
Community Volunteer

Casey Kinderman, BSPH
Maternal, Infant, Early Childhood Home Visiting
Program Coordinator
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Director of Advocacy & Government Relations
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VP-Planning & Program Development
Indiana Minority Health Coalition, Inc.

Ed Tipton
President
Community Action of Greater Indianapolis

Patrick Wooten, MSM, HCM
Director of Service Excellence
Eskenazi Health Center